

## Pray without ceasing and trust Jesus

Prayer is the foundation of our relationship with God. Through our prayers, in a true partnership of love, God can change this world for the better. It is our choice whether to be with God our Creator, who makes everything possible, and to ask him for assistance or to think we can do everything on our own and to suffer the consequences. Our Lord Jesus Christ keeps telling us that prayers are his only hope for this lost, chaotic world in turmoil.



**Moses's faith parted the Red Sea**

### Meditations

“For I know the thoughts that I think towards you, saith the Lord, thoughts of peace, and not of affliction, to give you an end and patience. And you shall call upon me, and you shall go: and you shall pray to me, and I will hear you. You shall seek me, and shall find me: when you shall seek me with all your heart.” (Jeremiah 29:11–13)

“And Jesus answering, saith to them: Have the faith of God. Amen I say to you, that whosoever shall say to this mountain, be thou removed and be cast into the sea, and shall not stagger in his heart, but believe, that whatsoever he saith shall be done; it shall be done unto him.” (Mark 11:22–23)

“And Jesus beholding, said to them: With men this is impossible: but with God all things are possible.” (Matthew 19:26)

“Pray without ceasing.” (1 Thessalonians 5:17)

*Jesus Christ:* “Oh, my child, I don’t ask much of my children’s time. I do know they have their chores of their daily lives. I, your Jesus Christ, I ask only for a bit of their time every day. I do not force my children. I wait for them, for their time to come to me, to us, the Triune God, but my children, they forget me, their Jesus Christ. If only my children would give me at least one hour a day to receive my love, my blessing. I want my children to pray without ceasing every day. I am going to explain what it is to pray without ceasing: that’s when their hearts and minds are constantly with me, as my children go to their jobs, work, driving, cooking and much more, their hearts are absorbed in me, their Jesus Christ... when their minds, spirits, souls are longing for me, the Triune God and my Mother Mary... a small

gesture, thinking about how much I love my children... when they're praying the Rosary with their hearts [and coming to] my Holy Mass. These are little things that bring balm to my Sacred Heart. Also, praying my Divine Mercy Chaplet at 3pm or any other time of the day. If my children are working at 3pm, if they immerse their hearts just for a few minutes and think about my passion... I do understand that they can't stop working to pray, but their hearts can be with me for a few seconds. This is my desire to appease my aching heart. Oh, my child there are many ways that my children can love me and appease my Sacred Heart. Oh, the Blessed Sacrament: when my children pass by and enter my chapel, shrine, just to greet me for a few minutes and then go on with their chores...

"See my Petal, these are little gestures that my children can love me with. I will concede them many blessings and graces. This is my love for them. Teach this to my children."

[\(23/10/2015\)](#)

*Jesus Christ:* "Oh my children, help me, your Jesus Christ, and fulfil my desire to save all of my children. Oh, more and more are coming to eternity and their souls are in damnation of sin.



St Faustina

Oh my dear little ones, help me, your Jesus Christ, to save them. See, with your prayers, you are helping them to come to my heart. Pray the Holy Rosary and the other prayers given to my humble servant. There are a few that you can pray from the booklet<sup>1</sup>. Pray the Divine Mercy Chaplet – it is very powerful, especially when it is prayed at 3 o’clock, my Divine Mercy hour, my mercy is unconditional. Or even a prayer from your heart is very much appreciated. I repeat: be my prayer warriors. If each one of you can save one soul, this is very powerful. Pray for the conversions of sinners and don’t forget to pray for the souls of purgatory and the most abandoned ones. They are thirsty for your prayers. These poor souls, they came to eternal life and many of them don’t have anyone praying for them – oh, they are in so much anguish to come and see the Face of God, but most of these souls stay there for all eternity because of a lack of prayers.” ([12/06/2017](#))

*Mother Mary:* “My child, my recommendation to you and to all my children is to not distract yourselves from what allows you to be closer to my Son Jesus Christ. Persevere in your prayers, in fervently praying the Holy Rosary, the Divine Mercy Chaplet and prayers from the heart, praying these prayers without ceasing – that’s when your heart is always in

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<sup>1</sup> See “[The Alpha and Omega Book of Many Prayers](#)” on [www.alpha-omega.org.za](#).

awe of God, of Jesus Christ. It does not mean you have to constantly recite the Holy Rosary or Divine Mercy Chaplet or other prayers, but your heart yearns all the time for the love of my Son Jesus Christ, the Holy Trinity and Mother Mary, the Mother of your Saviour. It's also when you restrict yourselves from foul language, from things that offend my Son Jesus and God the Father – that's when your hearts entwine with God the Father, God the Son and God the Holy Spirit. Amen.” ([26/10/2017](#))

*Mother Mary:* “My little lamb, every second of the day, there are many souls falling into hell because there is no one praying for them. Yes, my son \_\_\_\_\_, his soul was so obscured in darkness, but somewhere, they were praying for his conversion, for the healing of his sickness, cancer. The prayers helped him to reconstruct, save, his soul. Yes, through prayers, sometimes, my Son Jesus does not heal the body, but he heals the soul, which is far more important. My children must pray without ceasing for their loved ones, families, brothers and sisters in Jesus Christ, for their enemies, for the conversion of sinners. Yes, the enemy hates my children praying for the conversion of sinners.” ([04/02/2020](#))

## Supplementary reading

- [Jesus is asking for more prayer groups to help him bring souls to salvation and calling those who have left his Church back home \(16/01/2018\)](#)
- [Jesus Christ asks for urgent prayers for this world and tells us what to pray for – prayer groups are his only hope to help this world in decay \(17/07/2019\)](#)
- [It is time this world listens to Jesus' messengers and Mother Mary's visionaries and stops all these scarlet sins against the will of God \(25/08/2018\)](#)
- [God explains the purpose of life and how to be spared from big disasters and evil attacks that are soon coming upon this world \(10/06/2022\)](#)
- [The Alpha and Omega Book of Many Prayers – For Different Needs and Occasions \(Resources\)](#)
- See “Prayers” on the [Alpha+Omega Mission App](#) and [www.alpha-omega.org.za](http://www.alpha-omega.org.za)

Mother Mary cries tears of blood  
witnessing many abortions every  
second of the day

“Doctors, nurses, fathers, mothers and  
families are butchering my little babies – oh  
their cries go beyond my children’s  
understanding.” (Mother Mary, 20/03/2019)

“There are more abortions committed than  
babies born” (Mother Mary, 27/08/2020)

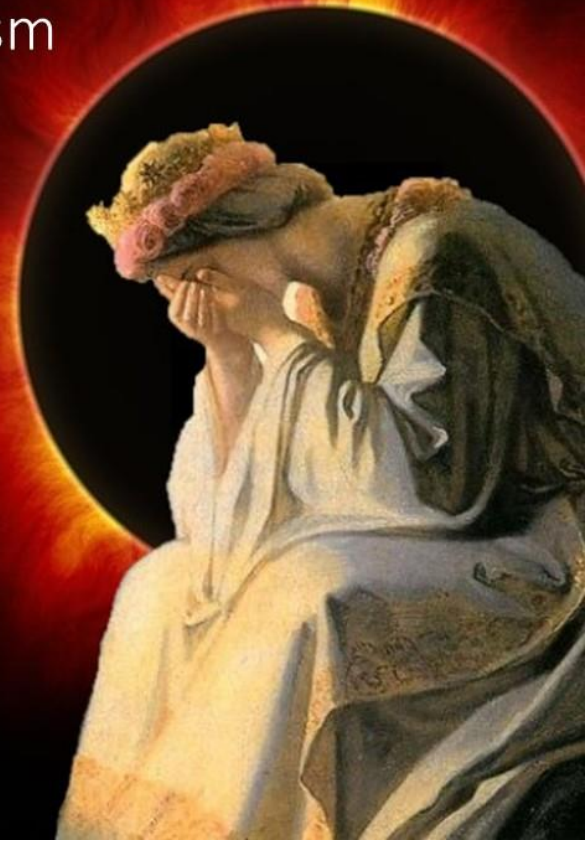
“Oh, the abortions! Every day a million of  
my little ones are killed without mercy”  
(Mother Mary, 01/02/2021)



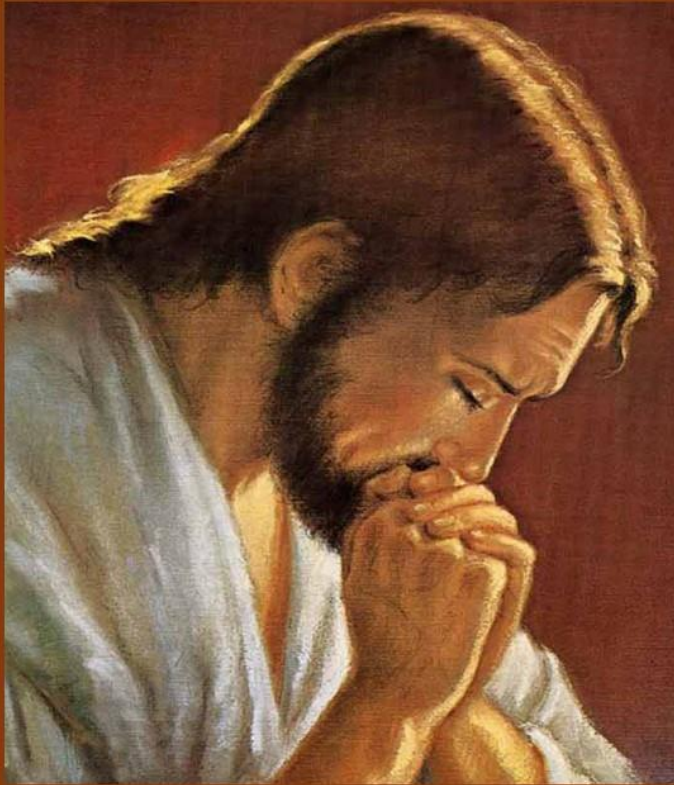
# Pray without ceasing against Satanism

“Yes, my youth are going into a very deep hole of darkness, Satanism, this dark cult where many of my youth also destroy their lives. They commit suicide. They perform rituals. This cult is very dangerous, very painful to us in heaven. Yes, my child, they use the most horrific, disgusting names. Oh, they blaspheme me, their Mother Mary. Oh, my virginity is being abused in these cults.

“Know, my child, they hurt my Son Jesus’ Sacred Heart with these rituals because they use me in blasphemy, which aches, pains my Son Jesus’ Sacred Heart. They know how much my Son cries in his heart to see these crimes of injuria. My child Fernanda, pray in as much time as possible so that you can offer these prayers to us in heaven. Oh, my little Andorinha, prayer groups are our hope. Teach my children on the consequences of these cults. Satanism is growing like an epidemic, a sickness, an incurable sickness. The adversary is contaminating my innocent youth. Only prayers can help and save my youth of this dismantled world. I say thank you, my child. Pray in much of your time. Relay this message to your spiritual director, for him to forward to the bishop and then my son, holy Pope Francis. Oh, they can restrain and bring some order in my Son Jesus’ Holy Church.”  
(Mother Mary, 30/04/2014)







In combating the enemy, the adversary, only prayers can save and help my hand to be up high. It is very difficult to keep up my hand. Only if my children repent and amend their sins, then I can help my people. Yes, I love my children unconditionally but how much love, repentance and remorse do my children show in their hearts in compassion towards my pain? Only prayers, Rosaries and fasting can conquer these pains and warfare between my children and the enemy. (Jesus Christ, 21/02/2011)